

2009 Racing Seminar Resources (<http://littledomain.com/clinic.pdf>)

1. Basic Rules of Racing and WLSC Start Sequence (PowerPoint PDF)

http://wlsc.lizards.net/race_resources/basic_rules.pdf

2. Race Course Marks and Start Sequence for Spring and Fall Races (PowerPoint PDF)

http://wlsc.lizards.net/race_resources/race_instructions.pdf

3. “High Point Average” or “At-Bat” Scoring System for Trophies (Word PDF)

http://wlsc.lizards.net/race_resources/racing_policies_2009.pdf

4. PHRF Handicap Example for WLSC Races (Word PDF)

http://wlsc.lizards.net/race_resources/phrf_tot_example.pdf

5. Club Handicap Example for WLSC Races (Word PDF)

http://wlsc.lizards.net/race_resources/club_handicap_example.pdf

6. Tips for Winning Lake Races (PowerPoint PDF)

<http://littledomain.com/james/files/winningonlakes.pdf>

7. Strategy Basics in Sailboat Races (Powerpoint.pdf)

<http://littledomain.com/james/files/racingbasics.pdf>

8. International Sailing Federation, ISAF, Rules with No Explanation (Word PDF file)

http://www.littledomain.com/james/files/isaf_2009.pdf

9. Dave Perry’s Rules of Racing, Book Explaining ISAF Rules (internet link to Amazon)

<http://www.amazon.com/Understanding-Racing-Rules-Sailing-2009-2012/dp/0979467764>

10. Gary Jobson’s Championship Sailing, The Definitive Guide (internet link to Amazon)

<http://www.amazon.com/Gary-Jobsons-Championship-Sailing-Definitive/dp/product-description/0071423818>

11. Dave Perry, Short Videos Interpreting ISAF Racing Rules

http://www.sailgroove.org/videos/coverage/view_video/234352-the-rules-rrs-2009-2012/119440-dave-perry-deletion-of-172

12. Animated Rules Quiz, http://www.ukhalsey.com/RulesQuiz/quiz_list.asp

13. Apparent Wind Description, http://littledomain.com/james/files/apparent_wind.pdf